Mountain Weather Forecast

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran
Forecast valid from 00:00 on Sunday 14 May 2023 until 23:59 on Monday 15 May 2023

Forecast Issued on Saturday 13 May 2023 at 12:27 by Met Office Aberdeen

Confidence: High for rain for a time Sunday, also for a scattering of showers Monday and Tuesday. Lowering for detail thereafter.

Headline for Sunday 14 May 2023: Rain and snow early Sunday, clearing to scattered showers and brighter spells soon. Summit winds occasionally strong. Freezing level lowering.

Mountain weather hazards on Sunday 14 May 2023

Blizzards
No Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
No Likelihood

Gales
No Likelihood

Severe chill effect
Low Likelihood

Poor visibility
Medium Likelihood

Thunderstorms
No Likelihood

Heavy persistent rain
No Likelihood

Strong sunlight
Medium Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
Light rain	Light rain	Heavy Rain	Light rain	Cloudy	Sunny intervals	Sunny intervals	Sunny intervals
Precipitation probability							
30%	70%	90%	60%	20%	10%	10%	20%

Forecast for Sunday 14 May 2023

Weather: Increasingly overcast overnight with occasional light to moderate rain, most persistent in the west. Cloudy with occasional rain at first, turning to snow above around 1200m late morning, before clearing to brighter spells and only a scattering of light showers from around mid-day. Showers continuing through the rest of the day, building a little during the evening, with snow level edging down to 700m during the evening.

Chance of cloud-free hill tops above 800m: 10-20% becoming 80-90% from around midday.

Low Cloud and visibility: Good or very good becoming moderate or poor in rain, very poor in snow and within cloud with bases extensive from 600m early, then infrequently so later, mainly as showers push through.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Sunday 14 May 2023

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	26/33 S	27/35 S	27/36 S	19/26 SW	14/20 W	17/25 W	17/25 W	15/20 NW	14/19 W
900	16/22 S	18/25 S	19/27 S	13/19 SW	11/17 W	15/23 W	15/23 W	10/15 W	9/14 W
600	21/27 S	22/28 S	22/30 S	13/19 SW	12/18 SW	15/22 W	15/22 W	9/14 NW	8/12 W
300	10/17 SW	10/16 S	13/21 S	8/13 W	6/11 SW	11/20 NW	10/18 NW	6/10 W	4/8 W
Glen	8/17 S	5/14 S	7/17 SW	10/19 W	8/16 W	12/22 W	11/22 NW	4/12 NW	4/9 W

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	5/-1	4/-2	3/-3	3/-2	1/-4	1/-5	-0/-6	-2/-8	-3/-8
900	7/3	6/2	6/1	5/2	5/1	5/1	4/-1	2/-3	0/-4
600	10/6	9/5	8/4	7/4	7/3	7/4	6/2	4/0	2/-0
300	11/9	10/8	10/7	9/7	9/8	10/7	8/6	6/4	5/4
Glen	13/11	12/11	11/10	10/8	12/10	12/10	11/8	8/6	7/6
Freezing Level*	2000m	1800m	1900m	1800m	1400m	1200m	1000m	1000m	900m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Hill fog extensive for much of the morning, particularly in west.

Forecast for Monday 15 May 2023

Weather: A mix of sunshine and showers with outbreaks occasional and heavier during the morning, then light and increasingly isolated for the afternoon and evening. Snow level 700-800m.

Maximum wind: West to northwest around 15 mph

Chance of cloud-free hill tops above 800m: 80-90%

Low Cloud and visibility: Good or very good becoming moderate or poor in rain showers, very poor in snow and within cloud with bases infrequently lowering 600m as showers push through.

Temperature: **Glens:** Plus 3 Celsius increasing 14 Celsius for the afternoon
At 800m: Plus 2-4 Celsius
Freezing level: 1000-1200m

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